

# Minnesota Finlandia

**February 15, 2020 @ Buena Vista Ski Area**

P.O. Box 771, Bemidji, MN 56619

**25K & 50K Events: \$65/Person \* 10K Tour: \$25/Person**

*We're going GREEN! Pre-register ONLINE for individual and family/group discounts!*

*Register by Dec. 31 for \$20 off 25K/50K & by Jan. 31 for \$10 off all events! \* Family/Groups of 4+ \$5 off/person!*

REGISTER ONLINE AT [www.signmeup.com](http://www.signmeup.com)

Friday, Feb 14th Race Registration Day – Keg N Cork (Downtown Bemidji)	Saturday, Feb 15th Minnesota Finlandia Ski Events
4:30 -9 p.m. : Race bib pick-up, race and tour registration. 5:30 - 8:30 p.m. : Spaghetti feed (Keg N Cork) \$9.00	8 a.m.: Walk-on Northwood's Tour Registration, bib pick-up for other races in Hall of Fame. <b>Note, this is a change from last year.</b> 10 a.m.: Buena Vista Classic 25km / 25k Pursuit 10:10 a.m. Minnesota Finlandia 50km / 25k Bemidjithon 10:12 a.m.: Northwoods 10k Tour 11 a.m.: Hall of Fame Hospitality Feed 3:30 p.m. (Aprox) : Award Ceremony @ Hall of Fame

First/Last Name \_\_\_\_\_ Gender: M F

Address \_\_\_\_\_ Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age as of 12/31/18: \_\_\_\_\_ USSA #: \_\_\_\_\_ First Finlandia? Y N

Race Choice:      10K Tour      25K Classic      25K Pursuit      25K Freestyle      50K Freestyle

# of Pasta Tickets (\$9) \_\_\_\_\_ 25K/50K Estimated Finish Time \_\_\_\_ : \_\_\_\_ : \_\_\_\_ Years Completed (#) \_\_\_\_\_

I know and understand that skiing and snowboarding in their various forms, as well as preparation for and participation in, coaching, volunteering, officiating and related activities in alpine, nordic, freestyle disabled, and snowboarding competitions and clinics (all of which are hereinafter collectively referred to as "activities"), involve many risks, dangers and hazards. These RISKS, DANGERS AND HAZARDS include, but are not limited to, changing weather and snow conditions, variations in steepness or terrain, natural and man-made obstacles and structures, equipment failure, collisions with objects or structures, being struck by skiers/riders or equipment, and exceeding my own abilities. I further understand that ski and snowboard training and competition involve performance at the limits of one's abilities, and therefore are more hazardous than recreational skiing and snowboarding. I understand that INJURIES OF ALL TYPES ARE A COMMON AND ORDINARY OCCURANCE. I know that the risk of SEVERE INJURY and even DEATH exists in all training and competition locations and activities, including free skiing and riding. I also know that personal training, coaching, instruction, supervision and enforcement of rules by the United States Ski & Snowboard Association, its subsidiaries, affiliates, Officers, directors, volunteers, employees, coaches, contractors and representatives, local ski clubs, competition organizers and sponsors, and ski and snowboard facility operators (hereinafter the term "USSA" shall be used to refer to all such persons and entities collectively) do not and cannot guarantee my safety.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Parent/Guardian Signature (If Under 18): \_\_\_\_\_ DATE: \_\_\_\_\_

*Offline registrations must be post-marked by Jan. 31, 2020 \* Online registration open until Feb. 14<sup>th</sup>, 2019*

*\* NO RACE DAY REGISTRATION \* NO REFUNDS: GLOBAL WARMING MESSAGE! If registered by December 15 and snow does not cooperate, your registration will be covered for next year's Finlandia. GUARANTEED! Make checks payable to Minnesota Finlandia Community Health Sports and send to PO Box 771, Bemidji, MN, 56619 Questions? Contact [minfin@paulbunyan.net](mailto:minfin@paulbunyan.net) or visit our website at <http://www.minnesotafinlandia.com>*